

RESEARCH

Open Access



CT-determined sarcopenia is associated with neutropenia in patients undergoing hyperthermic intraperitoneal chemotherapy for gastrointestinal cancer

Wei Jiang, Wenli Zhan, Fangxun He, Xiaolin Wu, Jing Wu, Xiangshang Xu^{*†} and Zhixin Cao^{*†}

Abstract

Background With better patient selection and the increasing experience in patients undergoing hyperthermic intraperitoneal chemotherapy (HIPEC) combined surgery, the rate of severe postoperative complications and mortality decreased significantly. However, leukopenia and neutropenia were still a particular concern, and their relation to sarcopenia was not clarified.

Methods Data of consecutive patients who underwent HIPEC for gastrointestinal cancer were collected and analyzed retrospectively between September 2020 and August 2022. Sarcopenia was assessed using psoas muscle index (PMI) at the L3 level on preoperative computed tomography (CT).

Results Among 103 patients enrolled, 37 (35.9%) were classified as sarcopenic. Most leukopenia and neutropenia occurred during the hospital leaving period after HIPEC and surgery. Before the first time of postoperative chemotherapy, the blood tests revealed 11 (29.73%) and 6 (9.09%) patients were diagnosed with neutropenia in sarcopenia and no sarcopenia groups, respectively. Logistic regression analysis revealed sarcopenia was independently associated with the increased risk of neutropenia (OR 5.58, 95% CI 1.70–18.29, $p = 0.005$). An incremental albumin level was protective against the occurrence of leukopenia and neutropenia.

Conclusions Sarcopenia and low albumin level were significantly associated with an increased rate of delayed neutropenia after HIPEC in that disease setting and could be the preoperative risk predictors.

Keywords Sarcopenia, Albumin, Leukopenia, Neutropenia, HIPEC

Introduction

Peritoneal carcinoma (PC) is still considered a terminal condition for most patients with carcinomatosis and remains one of the most significant oncologic challenges [1]. PC was detected in more than 30% of patients with advanced gastric cancer and about 10–25% of patients with colorectal cancer [2–4]. Nowadays, it has been proven that the strategies variously combined systemic chemotherapy and hyperthermic intraperitoneal chemotherapy (HIPEC) with or without cytoreductive surgery

[†]Xiangshang Xu and Zhixin Cao have contributed equally to this work and share the last authorship.

*Correspondence:

Xiangshang Xu

Xsxu@tjh.tjmu.edu.cn

Zhixin Cao

Zxcao@tjh.tjmu.edu.cn

Department of Gastrointestinal Surgery, Tongji Hospital of Tongji Medical College, Huazhong University of Science and Technology, No.1095 Jiefang Avenue, Wuhan 430000, China



(CRS) could improve survival and prevent morbid complications in the selected patients [5, 6].

Despite the encouraging results, HIPEC combined surgery for gastrointestinal cancer remained controversial because of the concern about its safety [5, 7]. Various studies focused on severe complications to identify prognostic factors in order to decrease morbidity [8–10]. With better patient selection and increasing experience, the rate of severe postoperative complications and mortality decreased significantly. However, despite the local administration of chemotherapy, leukopenia and neutropenia were still a particular concern in patients undergoing HIPEC [11, 12]. Delayed leukopenia or neutropenia after HIPEC was commonly observed in our clinical practice. They were associated with the risk of lethal infections as well as chemotherapy dose reductions and delays that may compromise treatment outcomes [13].

Sarcopenia, a key determinant of frailty and cancer cachexia, has been reported as a strong predictor of postoperative complications and prognosis across a wide range of gastrointestinal cancers [8, 14]. However, in patients undergoing CRS with HIPEC, the predictive function of sarcopenia remained controversial. And there were no studies that focus on the delayed leukopenia or neutropenia after HIPEC previously. This study focused on whether CT-determined sarcopenia was related to leukopenia or neutropenia after HIPEC for gastrointestinal cancers and tried to identify other parameters for predicting leukopenia or neutropenia.

Materials and methods

Patients and data collections

Data of consecutive patients who underwent HIPEC for gastrointestinal cancer in Tongji Hospital, Wuhan, China, were collected and analyzed retrospectively between September 2020 and August 2022. Patients who underwent prophylactic or therapeutic HIPEC were included in this study. Prophylactic HIPEC was defined as that HIPEC was performed after radical surgery for locally advanced gastrointestinal cancer with a high risk of peritoneal implantation to prevent a peritoneal recurrence. Therapeutic HIPEC was defined as that HIPEC was performed after CRS to treat peritoneal metastasis. According to our protocol, patients with Eastern Cooperative Oncology Group (ECOG) performance status score ≤ 1 , resectable peritoneal metastases, and peritoneal cancer index ≤ 15 would undergo CRS combined HIPEC. Patients without computed tomography (CT) scan suitable for analysis or those who did not receive postoperative chemotherapy in our center were excluded for no recorded blood test.

This retrospective study was approved by the Ethics Committee of Tongji Hospital. Events occurring during

hospitalization were recorded in our hospital's database system. Data regarding general patient characteristics (e.g., age, sex, medical history), disease status (primary tumor location, pathological stage), treatment (surgical procedure, operative time, session number of HIPEC), and postoperative outcome (postoperative complications, mortality, length of hospital stay, and blood tests before first postoperative adjuvant chemotherapy) were reviewed. Comorbidity was defined as the patient diagnosed with at least one of these diseases: chronic lung disease, cardiovascular disease, cerebrovascular disease, diabetes, or another malignant tumor.

Surgical and HIPEC procedure

Experienced surgical teams from Gastrointestinal Surgery Department performed radical or cytoreductive surgeries. All operations started with laparoscopic exploration to determine the suitable type of surgery. The radical surgeries included laparoscopic D2 gastrectomy, D3 colectomy, and total mesorectal excision (TME). During CRS, all macroscopically suspected peritoneal lesions would be surgically removed. Conversion to laparotomy would be performed if necessary. Before the abdominal wound was closed, four chemotherapeutic catheters (two inflow and two outflow tubes) were placed at the upper left, upper right, lower left, and lower right abdominal cavity, respectively.

According to the Chinese Expert Consensus on Clinical Application of HIPEC [15, 16] and the reaction of patients to HIPEC, one to three sessions of closed HIPEC were delivered within 7 days after surgery; the perfusion period for each session was 60–90 min. The interval between two adjacent sessions was 24–48 h. The chemotherapy drugs were paclitaxel (60 mg/m^2) for gastric cancer and raltitrexed (3 mg/m^2) with or without lobaplatin (50 mg/m^2) for colorectal cancer; each dissolved in 3 l warmed nature saline at $43 \pm 0.5^\circ\text{C}$ and then delivered into the abdominal cavity from an Automatic Hyperthermia Chemotherapy Perfusion Device (BR-TRG-II, Guangzhou, China) through the inflow tube placed under the diaphragm at a speed of 400 ml/min. Furthermore, the patients' heart rate, blood pressure, respiration rate, and blood oxygen saturation values were monitored carefully. After the final session, two inflow and one outflow catheter would be removed; one outflow catheter remained as a drainage catheter for an additional 2 days.

After the discharge after surgery and HIPEC, the patient would be readmitted within 1 month for the first time of postoperative adjuvant chemotherapy. And before that, the general status and blood tests would be assessed.

Postoperative complications

Leukopenia and neutropenia were defined according to the National Cancer Institute Common Terminology Criteria for Adverse Events, version 3.0, with leukopenia as a white blood count (WBC) lower than 3000 cell/ml³ and neutropenia as an absolute neutrophil count lower than 1500 cells/ml³ [17]. Granulocyte-colony-stimulating factor (G-CSF) would be therapeutically administered for leukopenia and neutropenia.

Postoperative complications were classified according to the Clavien-Dindo classification [18] of surgical complications. Severe postoperative complications were defined as those with a Clavien-Dindo classification of 3 or higher (e.g., anastomosis leakage, intensive care unit admission, or death.)

Sarcopenia measurement

Baseline weight and height were collected before surgery, calculating the body mass index (BMI) [BMI=weight (kg)/height squared (m²)]. An abdominal CT scan was performed as a part of the routine preoperative assessments. The image data were restored in the hospital’s imaging system (Synapse 3.2.1, Fujifilm Medical Systems, USA, Inc). Only preoperative abdominal CT scans were used. The measurement data were collected at the inferior end-plate level of the L3 vertebral body as the method verified by previous studies [19, 20]. The selected level should show an independent lumbar vertebral body area. Psoas was chosen as the measurement muscle for convenience. Use the selection tool of the imaging system to draw the region of interest (ROI), and the system would automatically generate the average CT value (HU) and area (mm²) (Fig. 1). Using this method, the psoas

muscle index (PMI) was calculated by the formula as follows:

$$PMI (mm^2/m^2) = (left\ psoas\ area (mm^2) + right\ psoas\ area (mm^2)) / height\ squared (m^2)$$

Two independent trained researchers completed the data collection and calculation without knowing the patients’ demographic and prognostic information. Before collecting image information, the two researchers assessed the quality in a consistent protocol of each image to decide whether to exclude the corresponding patient. The cut-off values of 545 mm²/m² for men and 385 mm²/m² for women defined by Jones [20] were used to classify patients as sarcopenic or nonsarcopenic.

Statistical analysis

All statistical analyses were performed using IBM SPSS statistics version 22 (SPSS Inc., Chicago, IL, USA). Frequency data were presented as absolute numbers and percentages. Continuous data are presented as medians with interquartile ranges (IQRs) or means±standard deviation (SD). Differences between groups were analyzed using the chi-square test for categorical variables and the Mann–Whitney *U* test or Student’s *t*-test for continuous variables, depending on normality tested by the Kolmogorov–Smirnov test. A two-tailed *p*-value lower than 0.05 was considered statistically significant. Odds ratios (ORs) with 95% confidence intervals (CIs) were calculated using logistic regression analysis to identify risk factors for the occurrence of leukopenia and neutropenia. Variables with a *p*-value lower than 0.1 resulting

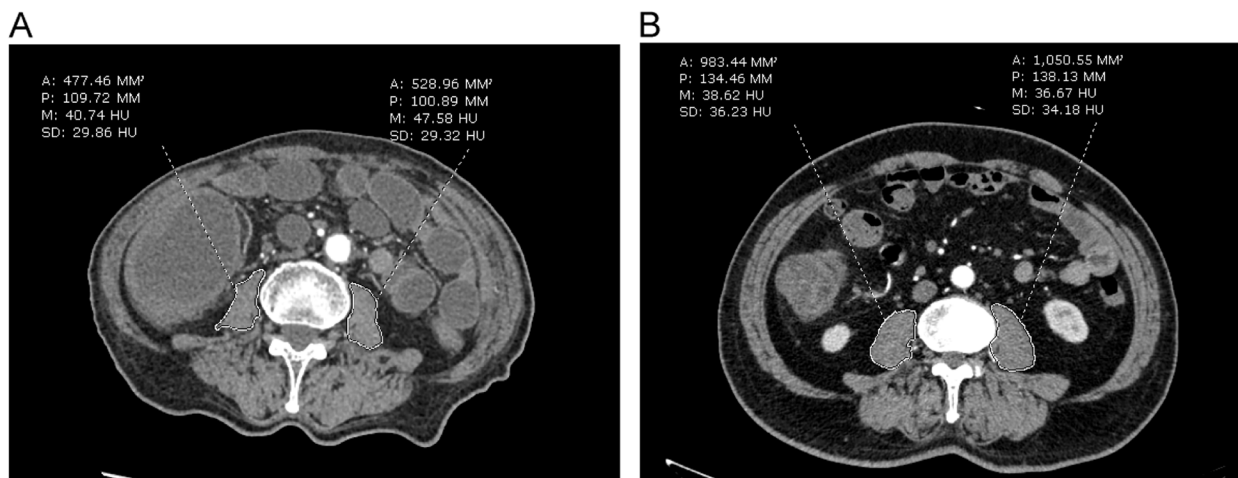


Fig. 1 Measurement at the inferior end-plate level of the L3 vertebral body. Psoas (ROI) and the generated results were indicated by the dashed lines. **A** CT of a patient with sarcopenia; **B** CT of a patient without sarcopenia

from the univariable logistic regression analysis were entered into the multivariable logistic regression analysis.

Results

Patients

Among 131 patients who had undergone prophylactic or therapeutic HIPEC, 103 (77.4%) had available assessable preoperative CT images and data of postoperative adjuvant chemotherapy. Because our center was a tertiary referral center, of those 28 patients excluded, 21 had a preoperative abdominal CT scan in local secondary hospitals; seven did not receive postoperative adjuvant chemotherapy in our hospital. The median age of these 103 patients was 56 (47, 63) years, and 63 (61.2%) of them were male. Forty (64.1%) patients had prophylactic HIPEC.

Depending on the referenced cut-off values, a total of 37 patients (35.9%) were classified as sarcopenic. Table 1 shows the comparison of baseline characteristics between the patients with sarcopenia and those without sarcopenia. The patients' baseline and HIPEC characteristics between the two groups did not differ significantly.

cancer types. The differences did not show any statistical significance (Tables S1 and S2).

The preoperative albumin values of gastric and colorectal cancer were 38.2 ± 4.4 g/l and 38.7 ± 2.8 g/l ($p = 0.46$), respectively. The albumin values of gastric and colorectal cancer before the discharge were 32.6 ± 3.8 g/l and 32.5 ± 3.6 g/l ($p = 0.92$), respectively.

Leukopenia, neutropenia, and postoperative outcomes

On the seventh day after surgery, leukopenia was observed in one and five patients in sarcopenia and no sarcopenia groups, respectively, and neutropenia was observed in two patients in the no sarcopenia group. Before the first time of postoperative chemotherapy, the blood tests revealed 10 (27.0%) and 9 (13.6%) patients with leukopenia in sarcopenia and no sarcopenia groups, respectively, and 11 (29.7%) and 4 (9.1%) patients were diagnosed with neutropenia in sarcopenia and no sarcopenia groups, respectively. Sarcopenia was significantly associated with the occurrence of neutropenia (p -value = 0.007); the patients with sarcopenia likely had

Table 1 Patient baseline and HIPEC characteristics

| Characteristic | Total (n = 103) | Sarcopenia (n = 37, 35.9%) | No sarcopenia (n = 66, 64.1%) | p |
|--------------------------------|----------------------|----------------------------|-------------------------------|------|
| Gender | | | | |
| Male | 63 | 23 | 40 | 0.88 |
| Female | 40 | 14 | 26 | |
| Age (years) | 56 (47, 63) | 57 (52, 63.50) | 56 (45, 63.25) | 0.40 |
| BMI (kg/m ²) | 22.0 (19.5, 23.7) | 22.5 (19.3, 24.0) | 21.5 (19.5, 23.7) | 0.57 |
| Comorbidity | 43 | 14 | 29 | 0.55 |
| Tumor initial location | | | | |
| Stomach | 67 | 23 | 44 | 0.65 |
| Colorectum | 36 | 14 | 22 | |
| Preoperative chemotherapy | 19 | 7 | 12 | 0.93 |
| Preoperative test results | | | | |
| Albumin (g/l) | 38.20 (36.03, 40.98) | 39.2 (35.85, 41.3) | 38.2 (35.70, 41.3) | 0.53 |
| WBC ($\times 10^9/l$) | 5.3 (4.45, 6.53) | 5.73 (4.59, 6.77) | 5.14 (4.40, 6.37) | 0.45 |
| Neutrophil ($\times 10^9/l$) | 3.21 (2.52, 4.07) | 3.49 (2.83, 4.06) | 2.95 (2.46, 4.13) | 0.28 |
| Type of HIPEC | | | | |
| Prophylactic | 66 | 26 | 40 | 0.33 |
| Therapeutic | 37 | 11 | 26 | |
| Session of HIPEC | | | | |
| One | 13 | 4 | 9 | 0.90 |
| Two | 37 | 14 | 23 | |
| Three | 53 | 19 | 34 | |

BMI body mass index, WBC white blood count, HIPEC hyperthermic intraperitoneal chemotherapy

Since the TNM stages were different between gastric and colorectal cancer, we also compare the TNM stages between sarcopenia and no sarcopenia groups based on

a higher rate of leukopenia. However, the difference was not significant (p -value = 0.093) (Table 2).

Of 67 patients with gastric cancer, 12 and 15 patients were diagnosed with neutropenia and leukopenia, respectively; of 36 patients with colorectal cancer, 5 and 4 patients were diagnosed with neutropenia and leukopenia, respectively. However, the differences did not show statistical significance ($p=0.60$ for neutropenia and $p=0.16$ for leukopenia).

No severe postoperative complications were recorded. Among the patients with sarcopenia, three abdominal complications occurred: one patient with a chyle leak and two patients with prolonged postoperative ileus. Additionally, in the no sarcopenia group, one patient was found with intra-abdominal infection and four with prolonged postoperative ileus. The incidence rates of complications did not differ significantly between the two groups.

Multivariate analysis

In the univariate logistic regression analysis of leukopenia, only preoperative serum albumin level (OR 0.86, 95% CI 0.75–0.98, $p=0.027$) reached statistical significance, and two variables (sarcopenia and albumin) with a p -value lower than 0.1 were included in the multivariate logistic regression model. Preoperative albumin level (OR 0.82, 95% CI 0.69–0.99, $p=0.04$) was independently associated with the risk of leukopenia. Sarcopenia was not an independent risk factor statistically (OR 2.76, 95% CI 0.96–7.96, $p=0.06$) (Table 3).

In the univariate logistic regression analysis regarding neutropenia, sarcopenia (OR 4.23, 95% CI 1.41–12.66, $p=0.01$) and preoperative albumin level (OR 0.84, 95% CI 0.72–0.97, $p=0.015$) also reached statistical significance and were included in the multivariate logistic

regression model. Sarcopenia (OR 5.58, 95% CI 1.70–18.29, $p=0.005$) and preoperative albumin level (OR 0.81, 95% CI 0.69–0.95, $p=0.008$) were also independently associated with neutropenia occurrence (Table 4).

Discussion

Leukopenia and neutropenia related to HIPEC toxicity increase the risk of lethal infections as well as chemotherapy dose reductions and delays [13]. Predictive factors are pivotal to improving the treatment strategies to improve survival. Our study proved that CT-determined sarcopenia and low serum albumin level were independently associated with an increased rate of leukopenia and neutropenia after HIPEC. According to our results, new strategies with G-CFS and nutrition support should be established for the patients with these risk factors.

In this study, the incidences of leukopenia and neutropenia before the first time of the postoperative adjuvant chemotherapy were 18.4% and 16.5%, respectively. Most of them occurred during the leaving hospital period after HIPEC and surgery. Despite the incidences in the range reported by previous studies [11, 15, 21], the onset times were a little later than in these studies. Additionally, our study’s severe postoperative complication rate was lower than other reports. These differences might attribute to the different study populations and HIPEC procedures. The inclusion criteria that the patients needed the blood test results before postoperative adjuvant chemotherapy might exclude some patients with severe complications. Moreover, the majority of HIPEC was prophylactic type in our study would lead to a relatively more minor extent of the operation. What is more, unlike most other studies, the closed HIPEC of our research was delivered

Table 2 Comparison of PMI and outcomes between two groups

| Characteristic | Sarcopenia (n = 37, 35.9%) | No sarcopenia (n = 66, 64.1%) | p |
|-----------------------------------------|-------------------------------|----------------------------------|----------|
| CT-to-surgery interval (days) | 6 (5, 9.5) | 5 (3, 9) | 0.24 |
| PMI (mm ² /m ²) | | | |
| Male | 440.37 (387.74, 505.34) | 658.32 (601.86, 760.76) | <0.001** |
| Female | 308.90 (253.53, 339.47) | 489.01 (446.94, 611.14) | <0.001** |
| Abdominal complications | 3 | 5 | 0.16 |
| Postoperative stay (days) | 10 (8, 11) | 9 (8, 10.25) | 0.16 |
| Leukopenia | | | |
| 7 days after surgery | 1 | 5 | 0.42 |
| Before first postoperative chemotherapy | 10 | 9 | 0.093 |
| Neutropenia | | | |
| 7 days after surgery | 0 | 2 | 0.54 |
| Before first postoperative chemotherapy | 11 | 6 | 0.007* |

PMI psoas muscle index

* $p < 0.05$; ** $p < 0.01$

Table 3 Logistic regression analysis for risk factors associated with leukopenia before first postoperative chemotherapy

| | Univariable OR (95% CI) | p | Multivariable OR (95% CI) | p |
|-----------------------------------|-------------------------|--------|---------------------------|--------|
| Sarcopenia | 2.35 (0.85, 6.44) | 0.098 | 2.76 (0.96, 7.96) | 0.06 |
| Gender | | | | |
| Female | 1 | | | |
| Male | 1.11 (0.40, 3.11) | 0.84 | | |
| Age (years) | 1.00 (0.96, 1.04) | 0.88 | | |
| BMI (kg/m ²) | 1.02 (0.88, 1.19) | 0.79 | | |
| Comorbidity | 0.59 (0.20, 1.69) | 0.32 | | |
| Tumor initial location | | | | |
| Stomach | 1 | | | |
| Colorectum | 0.43 (0.13, 1.42) | 0.17 | | |
| Preoperative chemotherapy | 1.2 (0.36, 4.22) | 0.75 | | |
| Preoperative test results | | | | |
| Albumin (g/l) | 0.86 (0.75, 0.98) | 0.027* | 0.85 (0.73, 0.97) | 0.018* |
| WBC (× 10 ⁹ /l) | 0.82 (0.61, 1.11) | 0.20 | | |
| Neutrophil (× 10 ⁹ /l) | 0.81 (0.55, 1.18) | 0.26 | | |
| Type of HIPEC | | | | |
| Prophylactic | 1 | | | |
| Therapeutic | 1.1 (0.37, 2.95) | 0.93 | | |
| Session of HIPEC | | | | |
| One | 1 | | | |
| Two | 1.47 (0.34, 6.42) | 0.61 | | |
| Three | 1.14 (0.38, 3.40) | 0.81 | | |

BMI body mass index, WBC white blood count, HIPEC hyperthermic intraperitoneal chemotherapy

A p-value lower than 0.1 resulting from the univariable logistic regression analysis was entered into the multivariable logistic regression analysis

* p < 0.05

within 7 days after surgery instead of during surgery. And the sessions of HIPEC were determined according to the reaction of patients, which would help avoid some severe complications.

Since first described by H. Rosenberg [22] in 1988, sarcopenia, which is used to describe the age-related loss of skeletal muscle quantity and quality, has received increasing attention. The quantity and quality of muscles could be based on CT or magnetic resonance imaging (MRI) as the gold standard [23–26]. And in practical applications, imaging was used as a routine examination item for diagnosis to evaluate the state of skeletal muscles. In our study, the incidence of sarcopenia according to CT scan was 48.53%, similar to other studies [8, 21]. Many studies defined the cut-off value as the lowest quartile or optimum stratification of sex-specific CT measurements [14]. Nevertheless, patients with relatively later-stage cancer are more likely to develop muscle depletion because of consumption, metabolic change, and systemic inflammation [27]. And our study had a limited number of cases, leading to inaccurate cut-off values if determined by statistical method. So, we chose the cut-off value reported by previous studies. The optimal and universal cut-off

value of CT measurements might need to determine by an epidemiological study with a large sample size in the future.

Sarcopenia has been reported by a few studies [28–30] as a predictive factor of hematologic toxicity or neutropenia in widely oncology populations. However, previously, only one study revealed sarcopenia was independently associated with hematologic toxicity linked to HIPEC alone in patients with colorectal cancer [21]. And in that study, only grades III or IV neutropenia was considered as events. Our study on a gastrointestinal cancer population revealed that the association between sarcopenia and leukopenia or neutropenia was universal in patients undergoing HIPEC. For the patients with sarcopenia undergoing HIPEC, even without severe postoperative complications and being discharged smoothly, monitoring leukopenia and neutropenia is essential during the period of leaving the hospital. Then, for those diagnosed with leukopenia and neutropenia during that period, G-CFS could be administrated in advance before the first postoperative chemotherapy.

Serum albumin was traditionally considered as a marker reflecting nutritional status and included in the

Table 4 Logistic regression analysis for risk factors associated with neutropenia before first postoperative chemotherapy

| | Univariable OR (95% CI) | p | Multivariable OR (95% CI) | p |
|-----------------------------------|-------------------------|--------|---------------------------|--------|
| Sarcopenia | 4.23 (1.41, 12.66) | 0.01* | 5.58 (1.70, 18.29) | 0.005* |
| Gender | | | | |
| Female | 1 | | | |
| Male | 0.89 (0.31, 2.57) | 0.83 | | |
| Age (years) | 0.99 (0.95, 1.03) | 0.45 | | |
| BMI (kg/m ²) | 0.98 (0.83, 1.16) | 0.82 | | |
| Comorbidity | 0.72 (0.25, 2.13) | 0.56 | | |
| Tumor initial location | | | | |
| Stomach | 1 | | | |
| Colorectum | 0.74 (0.24, 2.29) | 0.60 | | |
| Preoperative chemotherapy | 2.14 (0.65, 7.04) | 0.21 | | |
| Preoperative tests results | | | | |
| Albumin (g/l) | 0.84 (0.72, 0.97) | 0.015* | 0.81 (0.69, 0.95) | 0.008* |
| WBC (× 10 ⁹ /l) | 0.90 (0.67, 1.21) | 0.48 | | |
| Neutrophil (× 10 ⁹ /l) | 0.77 (0.51, 1.16) | 0.21 | | |
| Type of HIPEC | | | | |
| Prophylactic | 1 | | | |
| Therapeutic | 0.70 (0.23, 2.18) | 0.54 | | |
| Session of HIPEC | | | | |
| One | 1 | | | |
| Two | 0.67 (0.11, 4.15) | 0.66 | | |
| Three | 1.44 (0.28, 7.47) | 0.66 | | |

BMI body mass index, WBC white blood count, HIPEC hyperthermic intraperitoneal chemotherapy

A p-value lower than 0.1 resulting from the univariable logistic regression analysis was entered into the multivariable logistic regression analysis

* p < 0.05

nutrition support enhancement pathway. Various studies have revealed that the nutrition status and serum albumin were related to systemic chemotherapy-induced hematological toxicities [13, 31, 32]. Previous studies in the population undergoing CRS plus HIPEC suggested that the albumin level was associated with overall survival [33, 34]. Some other studies showed that low serum albumin would increase mortality and postoperative complications [35, 36]. Our results showed that an incremental albumin level was protective against the occurrence of leukopenia and neutropenia after HIPEC. Thus, for patients with hypoalbuminemia undergoing HIPEC, preoperative nutrition support with monitoring of albumin level should be necessary.

There were some limitations of our study. First, it was a retrospective cohort study, leading to some selection bias. Second, as mentioned before, the inclusion criteria might result in the additional exclusion of the patients with severe complications and those transferred to other centers for personal reasons. There was a certain degree of data loss. Third, our study had relatively small population samples and heterogeneous managements, which

might affect the results. Finally, we did not evaluate the long-term clinical outcome in this study.

Conclusions

This study showed that sarcopenia and low albumin level were significantly associated with an increased rate of neutropenia in patients undergoing HIPEC combined surgery for gastrointestinal cancers and could be used in preoperative risk prediction. The treatment strategies should be optimized for the patients with these risk factors.

Abbreviations

| | |
|-------|-------------------------------------------|
| HIPEC | Hyperthermic intraperitoneal chemotherapy |
| CT | Computed tomography |
| PMI | Psoas muscle index |
| PC | Peritoneal carcinoma |
| CRS | Cytoreductive surgery |
| ECOG | Eastern Cooperative Oncology Group |
| TME | Total mesorectal excision |
| BMI | Body mass index |
| WBC | White blood count |
| G-CSF | Granulocyte-colony-stimulating factor |
| ROI | Region of interest |
| IQRs | Interquartile ranges |
| ORs | Odds ratios |

CIs Confidence intervals
MRI Magnetic resonance imaging

Supplementary Information

The online version contains supplementary material available at <https://doi.org/10.1186/s12957-023-02950-w>.

Additional file 1: Table S1. Comparison of the TNM stages between Sarcopenia and No Sarcopenia groups in patients with gastric cancer.
Table S2. Comparison of the TNM stages between Sarcopenia and No Sarcopenia groups in patients with colorectal cancer.

Acknowledgements

The authors wish to thank all patients and the staff of the participating medical groups for their cooperation and support.

Authors' contributions

Wei Jiang: conceptualization, data curation, formal analysis, investigation, methodology, software, project administration, validation, visualization, roles/writing—original draft, and writing—review and editing. Zhanwen Li: data curation, investigation, methodology, software, writing—review and editing. Fangxun He: data curation, investigation, software, writing—review and editing. Xiaolin Wu: data curation, investigation, software, writing—review and editing. Jing Wu: data curation, software, writing—review and editing. Xiangshang Xu: conceptualisation, data curation, formal analysis, methodology, software, project administration, validation, visualization, roles/writing—original draft, writing—review and editing. Zhixin Cao: conceptualization, formal analysis, funding acquisition, investigation, project administration, validation, visualization, writing—review and editing. The authors read and approved the final manuscript.

Funding

This work was supported by the Chen Xiao-Ping Foundation for the Development of Science and Technology of Hubei Province (CXPJH121003-2104) for Zhixin Cao.
the Chen Xiao-Ping Foundation for the Development of Science and Technology of Hubei Province, CXPJH121003-2104

Availability of data and materials

All data are available from the corresponding authors.

Declarations

Ethics approval and consent to participate

This study was approved by the Ethics Committee of Tongji Hospital.

Consent for publication

Informed consent was obtained from the patients or their representatives.

Competing interests

The authors declare that they have no competing interests.

Received: 19 October 2022 Accepted: 14 February 2023

Published online: 22 February 2023

References

- Lambert LA. Looking up: recent advances in understanding and treating peritoneal carcinomatosis. *CA Cancer J Clin.* 2015;65:284–98.
- Yang XJ, Huang CQ, Suo T, Mei LJ, Yang GL, Cheng FL, et al. Cytoreductive surgery and hyperthermic intraperitoneal chemotherapy improves survival of patients with peritoneal carcinomatosis from gastric cancer: final results of a phase III randomized clinical trial. *Ann Surg Oncol.* 2011;18:1575–81.
- Sammartino P, Sibio S, Baccini D, Cardi M, Accarpio F, Mingazzini P, et al. Prevention of peritoneal metastases from colon cancer in high-risk patients: preliminary results of surgery plus prophylactic HIPEC. *Gastroenterology research and practice.* 2012;2012: 141585.
- van Gestel YR, Thomassen I, Lemmens VE, Pruijt JF, van Herk-Sukel MP, Rutten HJ, et al. Metachronous peritoneal carcinomatosis after curative treatment of colorectal cancer. *Eur J Surg Oncol.* 2014;40:963–9.
- Desiderio J, Chao J, Melstrom L, Warner S, Tozzi F, Fong Y, et al. The 30-year experience—a meta-analysis of randomised and high-quality non-randomised studies of hyperthermic intraperitoneal chemotherapy in the treatment of gastric cancer. *Eur J Cancer.* 2017;79:1–14.
- Auer RC, Sivajohanathan D, Biagi J, Conner J, Kennedy E, May T. Indications for hyperthermic intraperitoneal chemotherapy with cytoreductive surgery: a systematic review. *Eur J Cancer.* 2020;127:76–95.
- Chua TC, Yan TD, Saxena A, Morris DL. Should the treatment of peritoneal carcinomatosis by cytoreductive surgery and hyperthermic intraperitoneal chemotherapy still be regarded as a highly morbid procedure?: a systematic review of morbidity and mortality. *Ann Surg.* 2009;249:900–7.
- van Vugt JL, Braam HJ, van Oudheusden TR, Vestering A, Bollen TL, Wiersema MJ, et al. Skeletal muscle depletion is associated with severe postoperative complications in patients undergoing cytoreductive surgery with hyperthermic intraperitoneal chemotherapy for peritoneal carcinomatosis of colorectal cancer. *Ann Surg Oncol.* 2015;22:3625–31.
- Gamboa AC, Lee RM, Turgeon MK, Zaidi MY, Kimbrough CW, Grotz TE, et al. Implications of postoperative complications for survival after cytoreductive surgery and HIPEC: a multi-institutional analysis of the US HIPEC collaborative. *Ann Surg Oncol.* 2020;27:4980–95.
- Canda AE, Sokmen S, Terzi C, Arslan C, Oztop I, Karabulut B, et al. Complications and toxicities after cytoreductive surgery and hyperthermic intraperitoneal chemotherapy. *Ann Surg Oncol.* 2013;20:1082–7.
- Feferman Y, Bhagwandin S, Kim J, Aycart SN, Feingold D, Labow DM, et al. Conflicting data on the incidence of leukopenia and neutropenia after heated intraperitoneal chemotherapy with mitomycin C. *Ann Surg Oncol.* 2017;24:3831–6.
- Macri A, Arcoraci V, Belgrano V, Caldana M, Cioppa T, Costantini B, et al. Short-term outcome of cytoreductive surgery and hyperthermic intraperitoneal chemotherapy: preliminary analysis of a multicentre study. *Anticancer Res.* 2014;34:5689–93.
- Crawford J, Dale DC, Lyman GH. Chemotherapy-induced neutropenia: risks, consequences, and new directions for its management. *Cancer.* 2004;100:228–37.
- Simonsen C, de Heer P, Bjerre ED, Suetta C, Hojman P, Pedersen BK, et al. Sarcopenia and postoperative complication risk in gastrointestinal surgical oncology: a meta-analysis. *Ann Surg.* 2018;268:58–69.
- Li Y, Zhou YF, Liang H, Wang HQ, Hao JH, Zhu ZG, et al. Chinese expert consensus on cytoreductive surgery and hyperthermic intraperitoneal chemotherapy for peritoneal malignancies. *World J Gastroenterol.* 2016;22:6906–16.
- Caca P. Chinese Expert Consensus on Clinical Application of HIPEC 2019. *Chinese Medical Journal (Chinese Version).* 2020;2:89–96.
- National Cancer Institute (NCI) Common terminology criteria for adverse events (2012) version 3.0. https://ctep.cancer.gov/protocoldevelopment/electronic_applications/docs/ctcaev3.pdf. Accessed 8 Jan 2022.
- Dindo D, Demartines N, Clavien PA. Classification of surgical complications: a new proposal with evaluation in a cohort of 6336 patients and results of a survey. *Ann Surg.* 2004;240:205–13.
- Simpson G, Manu N, Magee C, Wilson J, Moug S, Vimalachandran D. Measuring sarcopenia on pre-operative CT in older adults undergoing emergency laparotomy: a comparison of three different calculations. *Int J Colorectal Dis.* 2020;35:1095–102.
- Jones KI, Doleman B, Scott S, Lund JN, Williams JP. Simple psoas cross-sectional area measurement is a quick and easy method to assess sarcopenia and predicts major surgical complications. *Colorectal Dis.* 2015;17:O20–6.
- Chemama S, Bayar MA, Lanoy E, Ammari S, Stoclin A, Goere D, et al. Sarcopenia is associated with chemotherapy toxicity in patients undergoing cytoreductive surgery with hyperthermic intraperitoneal chemotherapy for peritoneal carcinomatosis from colorectal cancer. *Ann Surg Oncol.* 2016;23:3891–8.
- Rosenberg IH. Sarcopenia: origins and clinical relevance. *J Nutr.* 1997;127(Suppl):990S–991.
- Tosato M, Marzetti E, Cesari M, Saveria G, Miller RR, Bernabei R, et al. Measurement of muscle mass in sarcopenia: from imaging to biochemical markers. *Aging Clin Exp Res.* 2017;29:19–27.

24. Cruz-Jentoft AJ, Bahat G, Bauer J, Boirie Y, Bruyere O, Cederholm T, et al. Sarcopenia: revised European consensus on definition and diagnosis. *Age Ageing*. 2019;48:16–31.
25. Cesari M, Fielding RA, Pahor M, Goodpaster B, Hellerstein M, van Kan GA, et al. Biomarkers of sarcopenia in clinical trials—recommendations from the International Working Group on Sarcopenia. *J Cachexia Sarcopenia Muscle*. 2012;3:181–90.
26. Beaudart C, McCloskey E, Bruyere O, Cesari M, Rolland Y, Rizzoli R, et al. Sarcopenia in daily practice: assessment and management. *BMC Geriatr*. 2016;16:170.
27. Fearon K, Strasser F, Anker SD, Bosaeus I, Bruera E, Fainsinger RL, et al. Definition and classification of cancer cachexia: an international consensus. *Lancet Oncol*. 2011;12:489–95.
28. Miyata H, Sugimura K, Motoori M, Fujiwara Y, Omori T, Yanagimoto Y, et al. Clinical assessment of sarcopenia and changes in body composition during neoadjuvant chemotherapy for esophageal cancer. *Anticancer Res*. 2017;37:3053–9.
29. Yoshikawa T, Takano M, Miyamoto M, Yajima I, Shimizu Y, Aizawa Y, et al. Psoas muscle volume as a predictor of peripheral neurotoxicity induced by primary chemotherapy in ovarian cancers. *Cancer Chemother Pharmacol*. 2017;80:555–61.
30. Yumioka T, Honda M, Nishikawa R, Teraoka S, Kimura Y, Iwamoto H, et al. Sarcopenia as a significant predictive factor of neutropenia and overall survival in urothelial carcinoma patients underwent gemcitabine and cisplatin or carboplatin. *Int J Clin Oncol*. 2020;25:158–64.
31. Yamano T, Tomita N, Sato T, Hayakawa K, Kamikonya N, Matoba S, et al. Influence of chemoradiotherapy on nutritional status in locally advanced rectal cancer: prospective multicenter study. *Nutrition (Burbank, Los Angeles County, Calif)*. 2020;77: 110807.
32. Kwon WA, Oh TH, Lee JW, Park SC. Predictive factors for neutropenia after docetaxel-based systemic chemotherapy in Korean patients with castration-resistant prostate cancer. *Asian Pac J Cancer Prev*. 2014;15:3443–6.
33. Banaste N, Rousset P, Mercier F, Rieussec C, Valette PJ, Glehen O, et al. Preoperative nutritional risk assessment in patients undergoing cytoreductive surgery plus hyperthermic intraperitoneal chemotherapy for colorectal carcinomatosis. *Int J Hyperthermia*. 2018;34:589–94.
34. Graziosi L, Marino E, De Angelis V, Rebonato A, Donini A. Survival prognostic factors in patients undergoing cytoreductive surgery and hyperthermic intraperitoneal chemotherapy treatment: analysis from a single oncological center. *World J Surg Oncol*. 2016;14:97.
35. Garth AK, Newsome CM, Simmance N, Crowe TC. Nutritional status, nutrition practices and post-operative complications in patients with gastrointestinal cancer. *J Hum Nutr Diet*. 2010;23:393–401.
36. Cascales-Campos PA, Lopez-Lopez V, Munoz-Casares FC, Feliciangeli E, Torres Melero J, Barrios P, et al. Morbidity and mortality outcomes after cytoreductive surgery and hyperthermic intraperitoneal chemotherapy in patients aged 75 years and over: Spanish group of peritoneal cancer surgery (GECOP) multicenter study. *Surg Oncol*. 2016;25:111–6.

Publisher's Note

Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

Ready to submit your research? Choose BMC and benefit from:

- fast, convenient online submission
- thorough peer review by experienced researchers in your field
- rapid publication on acceptance
- support for research data, including large and complex data types
- gold Open Access which fosters wider collaboration and increased citations
- maximum visibility for your research: over 100M website views per year

At BMC, research is always in progress.

Learn more biomedcentral.com/submissions

